

FAMILY UPREACH, INC.

NewLife

BEHAVIOR MINISTRIES

February 2026

Since 1984: Reconciling
persons to God, families and
society

We Are Going Digital!

For some, it is about convenience. For others, it is about speed. Emailing and texting have moved written information to instant availability. For us it is also about cost. Postage continues to rise. Stamps will soon be \$1 a piece (currently .78¢). That makes sending monthly newsletters more expensive. We have a growing list of those who have expressed they would like to receive newsletters via email only. If you are among them, please email NLBM (karlene@kingscrossingcoc.com) and let us know your preference. We will continue to mail newsletters unless you express this preference.



The “A Sense of Family” Study

Each month in 2026 we are highlighting a different NLB study. Each of these courses were written with a specific objective and provide teachers/prison volunteers with powerful Christian living principles.

Written as a follow-up to “A Sense of Self”, this study focuses on giving viewpoints about men and women’s gifts and roles that make a family both positive and productive to Christian growth. So many men and women have only horror stories about their upbringing and no examples of longevity in marriage. This study was written for prisoners to gain a mindset of what a Christian family can be and their part in it. We hope this helps.

Unit 1 – The Christian Man

- Lesson 1 – Man-God’s Image
- Lesson 2 – Man-The Balancing Act
- Lesson 3 – Man-Family Leader

Unit 2 – Lift Up the Family

- Lesson 1 – Is It All in the Family?
- Lesson 2 – The Healthy Family
- Lesson 3 – The Dysfunctional Family

Unit 3 – Family Talk

- Lesson 1 – How’s the Family Communicating?
- Lesson 2 – Listen So They’ll Talk and Talk So They’ll Listen
- Lesson 3 – Talk So They Will Correct Behavior
- Lesson 4 – Conflict Prevention and Resolution

Unit 4 – Relationships

- Lesson 1 – The Basic Relationships
- Lesson 2 – Understanding Self and Others
- Lesson 3 – The Flexible Style

Teacher’s Tip: The first unit in this study focuses entirely on men. It is useful for women for understanding expectations for their husbands, but it becomes more meaningful when women study this from a responsive view of their complimentary gifts. The dynamics involved in effective communication, leadership, and conflict resolution within the family are real and Christianity teaches us how best to approach them.

Loss of Sherrie Garmon

We extend our deepest sympathy to *Dr. Lindsey Garmon* in the loss of his wife, Sherrie. She passed away Saturday morning, February 28. Services are pending. With Sherrie at his side, Dr. Garmon authored our “*Seekers Series*” course which is a popular series in the **NewLife Behavior** curriculum.

When the Baton Passes

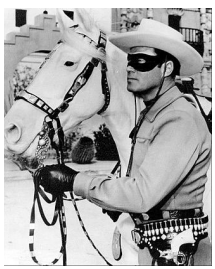


You may not be familiar with *Jim Burrus*. For at least thirty years, he was a chaplain in the prison system in Michigan before moving to the Dallas area. Jim and his wife, *Bernadette*, came to the **West End Church of Christ** where Jim filled the pulpit. Following his first stroke, they retired to Kaufman, Texas. Jim is still with us, but he recently suffered more medical issues that will see him claim victory with Christ soon. Jim has served as part of



the **NewLife Behavior Ministries (NLBM)** Board for several years. His passion for the lost in prisons is inspiring. Even when his stroke left it difficult for him to speak, what he had to say was always encouraging to those in this mission field.

The thing about running a relay race is you must have runners and the exchange must not be dropped. The problem with being this guy is that nothing continues except your legend when you are gone. In contrast, Jim has been part of NLBM as a teacher, trainer, regional director and a board member helping to coordinate, train, and spread the Word of God to those in prisons around the United States.



A solid example of bringing the next generation of workers into this mission field can be found with *Gary Wyder* at the **Lake Butler Church of Christ** in the Gainesville, Florida area. For several decades, Gary has worked in this area in prisons. In the last few years, *Christopher Carter* accepted the challenge to continue this work. Gary will tell you how exciting it is to know that the work in that part of Florida will continue and increase! As Paul said to Timothy (*2 Timothy 2:2*), “*And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others.*” Be sure to prepare others in your ministry and pass the baton!



Planning Continues to Central America

June 17-24 *Joe Alley*, *Recardo Reyes* and *Dr. Dale Underwood* will have the privilege of taking the NewLife Behavior courses in Spanish to churches throughout El Salvador. Thanks to *Luis Melendez* (who is an El Salvadorian native who is also part of the missions staff at **Sunset International Bible Institute**).

Luis and his wife, *Mayra*, (pictured right) will be both guides and interpreters as we speak with church leaders from throughout the country.



Our goal is to provide NewLife Behavior courses to congregations and prisons in these countries.

Men like Luis Melendez are introducing us to mission efforts and indigenous churches

we would otherwise never reach. These courses are truly having a worldwide impact! **Please continue to prayerfully support NLBM.**

In Memorial and Honor

Family Upreach expresses gratitude for remembering loved ones and honoring those cherished with gifts. These remembrances allow souls to be taught how to transform destructive behaviors into positive ones through Jesus.

Received from: In loving memory of:

M/M Buck Griffith	Sherrie Garmon
Maggie Wachtel	Sherrie Garmon
Tishanne Carroll	Taryn Brooks
M/M Charles Barber	Sherrie Garmon
Maggie Wachtel	Linda Moreland
Dr/M Dale Underwood	Sherrie Garmon
M/M Buck Griffith	Linda Moreland
Dr/M Dale Underwood	Linda Moreland

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